





# **Bringing our plans to life St Albans City Hospital**

18 August 2022





# Welcome

# Thank you for joining us

» housekeeping

# Today's briefing

- » our vision
- » our clinical model

## Questions

» please do ask questions as we go along

### Tour

- » 30-40 minute tour
- » feel free to ask questions on route





# Your presenters today



Clare Parker
Chief Strategy
Officer



Paula King
Head of Nursing
(surgery, anaesthetics
and cancer)



Louise Halfpenny **Director of Communications** 



# Modern hospital care is changing

- hospital care is about more than beds and buildings it's about how we organise care around our patients
- national and international best practice recommends separating planned and emergency care
- we work with system partners to avoid hospital admission and if patients are admitted, to reduce their length of stay
- digital technology means that we can safely monitor patients in their own homes, saving hospital visits and promoting independence
- modern booking systems and better ways of working put the patient in control of their own healthcare – making it personalised
- treatment pathways are developed on evidence-based care and standardised methods which drives up quality and clinical outcomes





# How St Albans fits in our plans for three networked hospitals providing specialist, emergency, urgent & routine care

# St Albans City Planned surgery

- expanded range and volume
- rapid diagnostics
- one stop clinics and pathways
- cancer support services
- MRI, CT, SPECT CT
- lower risk of cancellations

### Also:

- urgent care hub
- routine outpatient clinics
- some maternity services

# Hemel Hempstead Planned medical care

- older people's care and long term conditions
- one stop clinics (pathways)
- new and upgraded diagnostics: DEXA, MRI, CT

### Also:

- urgent care
- routine outpatient clinics
- some maternity services

### **Watford General**

# **Emergency and** specialist care

- 'same day' emergency care
- · complex diagnostics
- women's & children's services
- new inpatient accommodation with high ratio of single rooms

### Also:

- urgent care
- routine outpatient clinics





# Improvements for patients

### **Across the trust**

- new ways of working with partners in primary care
- providing more one stop clinics and pathways
- virtual clinics
- remote monitoring

## **Outpatients at St Albans**

- adult surgical outpatients will reduce patient travel to different sites and increase clinical team approach and availability
- enhance cancer services to increase one stop care
- endoscopy capacity will triple
- centralise and expand diagnostic services to improve access and care pathways

### **Inpatients at St Albans**

- six operating theatres currently there are five and a procedure room
- improved availability of surgical teams on site



# **Plans for St Albans City Hospital**

- specialise in planned surgery
- provide better and faster diagnosis following a significant upgrade to MRI and CT provision
- offer a new SPECT CT service (a medical imaging and treatment using a gamma camera) – supporting a wide range of patients on cancer pathways
- seven days a week diagnostic service
- new endoscopy unit to support cancer care and other specialties
- gastroenterology and associated hepatology services
- better breast cancer services (more one stop pathways already happening)
- nurse-led 'integrated urgent care hub' opens in October 2022, run by Herts Urgent Care – likely to be 9am - 6pm seven days a week, accessed via GP or NHS111 pre-booking

7

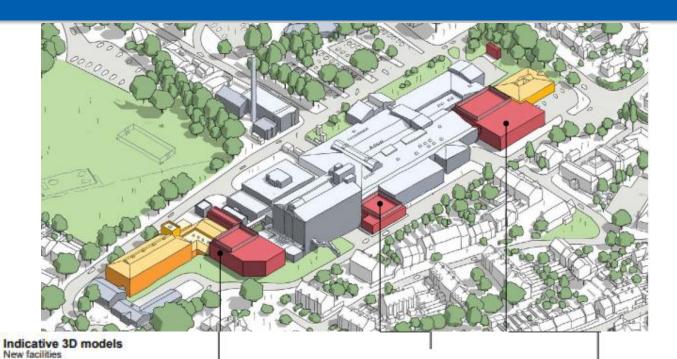


# Plans for St Albans City Hospital - continued

- be the location for an increasing number of 'one stop' clinics (and pathways)
- offer cancer-related support services and an information centre
- 'soft support spaces' for those receiving diagnosis
- newly built six-room endoscopy unit
- expansion if needed in future eg. space for further mammography scanner
- new multidisciplinary team rooms
- new teaching and training rooms
- robot, telemetry, remote learning with live-streaming for clinicians in other parts of the country

being part of a national funding programme may result in changes beyond our control





# New and refurbished buildings

Key
New building
Existing building
Building refurbished







New Endoscopy Centre



# We have applied for outline planning permission

- to refurbish the existing buildings and build some new sections.
- application is with St Albans City and District council
- application is open to comments until 26 August 2022 at
  - www.planningapplications.stalbans.gov.uk





# Our next steps (after OBC submission)



Contractor appointed & full business case developed



Final funding & main build contract agreed

Enabling and ground works

Construction starts







# Meanwhile ...

- being alert to other sources of funding where this might be possible for smaller elements of our overall programme
- ensuring current updates compliment our future redevelopment plans wherever possible
- ensure money is put to good use for the future as well as the present
- carrying out refurbishments when needed and not just waiting for the redevelopment funds
- keeping the conversation going with clinical staff to ensure that our designs continue to match plans based on great patient care
- engaging on new and emerging clinical models so that our decisions are informed by our patients



# A note on emergency care

- modern emergency care is also changing nationally and internationally
- has become a highly specialised form of medicine needing the input of a wide range of specialties and facilities to support early assessment
- small satellite units at all three hospital sites no longer considered safe or sustainable
- important emergency department is linked to the rest of the hospital vital departments such as intensive care and paediatrics
- 24-hour service with appropriately trained and expert staff
- access to all the resources necessary to deliver optimum and safe care
- specialists available for rapid diagnosis and treatment for emergency cases
- emergency care will continue to be based at Watford General



# Benefits for patients...SACH



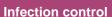
### Recover in comfort

The replacement of theatres also includes expanded recovery areas





- **Rapid diagnostics**
- One stop clinics
- **Cancer support services**
- MRI, CT, SPECT CT
- **Urgent care**



Running SACH as a planned care hospital minimises the risk of infection – this helped us greatly during the pandemic to continue to treat patients and keep them safe



New diagnostic equipment means patients no longer travel for scans and other parts of their treatment as we move to 'one stop' clinics



Expanded range of surgery which will be protected from the peaks in demand in the emergency and medical activity at WGH and larger teams to provide cover



### endoscopy, cystoscopy

New facilities with the latest equipment, co-located where we provide cancer surgery

Audiology

**Breast** 

**SACH** 

Clinical oncology

CT

Endoscopy

**ENT** 

Fluoroscopy

Gastroenterology

General, colorectal and vascular surgery

Gynaecology

Hepatology

Mammography

Medical oncology

MRI

Obstetrics and maternity

Ophthalmology and orthoptics

Orthopaedics

Pain management

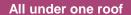
Plain film Xray

SPECT CT

Ultrasound (obstetric and non-obstetric)

Urgent care

Urology





Rapid results will deliver peace of mind and also help us plan the next steps of treatment, if any is needed



# Benefits for patients...HHH



### Rheumatology

DEXA scanner to support the development of a rheumatology hub





- **Enhanced technology**
- One stop clinics
- DEXA, MRI, CT
- **Urgent care**



### Better spaces for staff

Technologically-enabled meeting rooms so that staff from different medical specialties can work together for the benefit of our patients PLUS better rest areas

### Centre of excellence

Great care for patients with long term and/or multiple conditions in a calm environment- in line with leading international healthcare



### Planned medical care

- **Faster diagnosis**

### **Putting patients in control**

Patients will have more autonomy in their care and be encouraged to manage their conditions by using technology to monitor their health and update their clinical teams

### Enhanced technology

NEW diagnostic facilities and the latest technology will cut the wait for a diagnosis and improve efficiency

'One stop' clinics

Patients can have more steps

of their treatment covered in

improved diagnostic facilities

and more and bigger medical

specialty teams based on site

one visit thanks to new and

### ннн

Audiology

Cardiology

Children's services

Clinical oncology

CT

Dermatology

**DEXA** scanning

Diabetes

Endocrinology

Gastroenterology

General medicine

Haematology

MRI

Neurology

Neurophysiology

Obstetrics and maternity

Older people's services

Plain film Xray

Rheumatology

Respiratory and respiratory physiology

Stroke

Ultrasound (obstetric and non-obstetric)

Urgent care



# Benefits for patients...WGH



### Sustainable and spacious

Our new building will be environmentally friendly and there will be green spaces and also more spacious patient areas



Our new women and children's building will have specially equipped rooms for antenatal, labour and postnatal care meaning mum and baby can stay put





- Up to 90% new buildings
- **Expanded emergency care**
- Technology-enabled site & services
- **Complex diagnostics**
- Vastly improved patient & staff areas
- Services organised better together



### Family planning

Paediatric services will be in the main. building with child-friendly design



patients and not vice-versa

Bigger unit, better equipment

### **WGH** Audiology

Cardiac MRI Cardiology

Children's services

Clinical oncology

CT

Cystoscopy

Dermatology

Diabetes

Emergency

Endocrinology Endoscopy (urgent)

ENT

Gastroenterology

General medicine

General colorectal and vascular

surgery

Gvnaecology

Gynaecology oncology

Fluoroscopy

Haematology

Hepatology

Medical oncology

MRI

Neurophysiology

Nuclear medicine

Obstetrics and maternity

Older people's services

Ophthalmology and orthoptics

Oral surgery and dental

Pain management

Plain film Xray

Rheumatology

Respiratory and respiratory

physiology

TIA (transient ischaemic attack - or 'mini stroke')

Ultrasound (obstetric and nonobstetric)

Upper gastrointestinal surgery

Urgent care Urology



### **Fighting infection**

A high ratio of single rooms and the latest design and ventilation will be used to keep us all protected from infection

and more assessment space so that specialists come to



### Safe and sensible

We will reorganise how services are located, e.g. all acute services in the same building - making sure the right care is on hand when needed





# Questions





# **Further questions?**

# westherts.redevelopment@nhs.net





# Subscribe to our newsletter, Blueprint



Our monthly newsletter **Blueprint** is designed to keep local residents, patients and our health and social care partners up-to-date on our hospital redevelopment plans as well as news from across the trust.

If you would like to sign up to the newsletter, please email <a href="mailto:westherts.redevelopment@nhs.ne">westherts.redevelopment@nhs.ne</a>
<a href="mailto:t">t</a>

You can view previous editions of the newsletter on our website: <a href="https://www.westhertshospitals.nhs.uk/about/redevelopment/furtherinformation.asp">https://www.westhertshospitals.nhs.uk/about/redevelopment/furtherinformation.asp</a>





# **Tour**

- please stay with the group
- wear face covering if possible





# Thank you

westherts.redevelopment@nhs.net

Find us online @WestHertsNHS









www.westhertshospitals.nhs.uk